



The Gables Care Home

The Gables is a modern purpose-built care home located in Middlesbrough close to amenities, local shops and public transport.

Our home:

- ▶ Provides nursing, residential and dementia care in a homely and friendly atmosphere.
- ▶ Has a dedicated suite to care for the nursing needs of those living with Dementia.
- ▶ Includes 64 en suite single bedrooms all equipped with a nurse call system for residents safety. We always encourage residents to personalise their rooms with their own belongings so they feel at home.
- ▶ Offers pleasant dining rooms and communal areas for residents and their relatives.





- ▶ Has a private enclosed garden area where residents can relax in summer and enjoy watching the changing seasons.

Our staff promote and provide individualised care starting with a comprehensive assessment of needs through to compiling a thorough care plan. We assess all residents before they come to our home and tailor care to meet the needs of each individual.

We also:

- ▶ Provide a wide variety of fresh food cooked daily on the premises by our



dedicated catering staff. We cater for special diets on request.

- ▶ Provide an activities coordinator who ensures we provide a full and varied activities programme to meet individual needs including games, arts and crafts, days out, fund raising events and armchair aerobics.
- ▶ Have a hairdresser who visits each week.
- ▶ Encourage each resident, where possible, to keep their own GP, district nurse, dentist and chiropodist and to attend the same hospital for appointments.

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For more information contact:

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